



Schizophrenia Treatment Issues: What to Discuss With Your Doctor

- Learning about schizophrenia**
- Setting goals with your treatment team**
- Long-acting injectable antipsychotic medications**
- Vitamins and supplements**
- Cognitive-behavioral therapy as adjunctive therapy**
- Clozapine can work if other antipsychotics fail**
- Diet and exercise**
- Discontinuing meds can lead to psychotic relapses**
- Tardive dyskinesia as a side effect of antipsychotics**